



Unisex measurement chart

1. Measure yourself in a relaxed state.
2. Measure yourself carefully and accurately.
3. Please call us if you have any queries about your size.

Customer Name:	
Address:	
E-mail:	
Fax/Tel:	

GARMENT/STYLES REQUIRED:

Measurement	Code	Cm
Chest	A	
Waist	B	
Hip (fullest part around bottom)	C	
Bicep	D	
Neck	E	
Forehead	F	
Forearm	G	
Wrist	H	
Circumference - top of thigh	I	
Circumference - middle of thigh	J	
Circumference around knee	K	
Mid calf	L	
Ankle	M	
Full sleeve and shoulder length	N	
Height	O	
Length of inside leg	P	
Torso length*	Q*	
Foot length		

* For torso length (Q):

Start where your neck meets the shoulder, take tape down the front, under crotch & up the back to same point at shoulder.

Hint: measure with a long piece of string - measure string using a tape measure.

Relief-zipper Hood

